

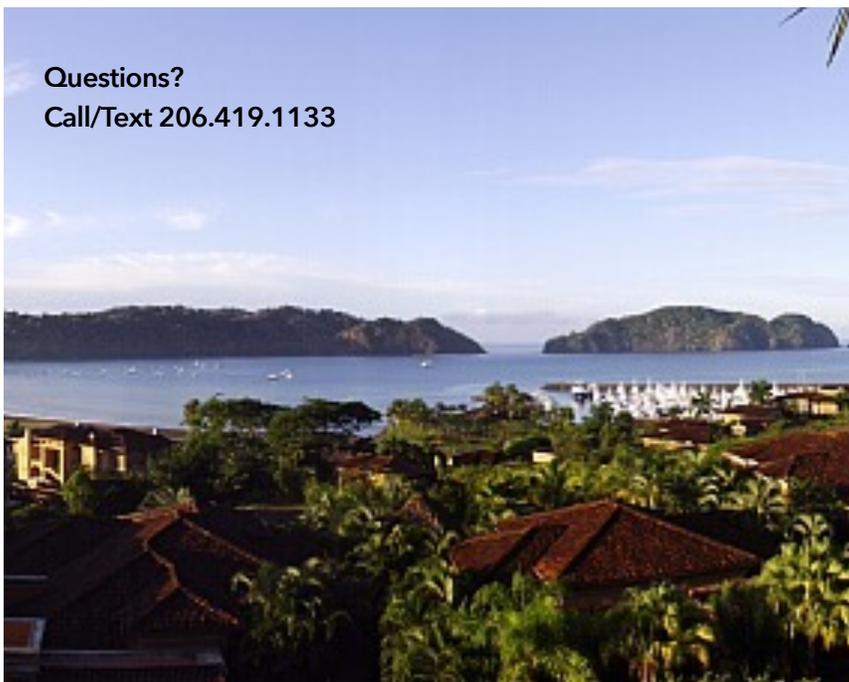
What To Bring

PACK THESE ITEMS IN YOUR
CARRY-ON SUITCASE AND BACKPACK



Questions?

Call/Text 206.419.1133



- ▶ Passport, Flight Itinerary
- ▶ Corner of Love Team Shirt (Unlike Nicaragua mission trips, do NOT wear on travel day, COL t-shirt will be worn on service days)
- ▶ Each person is asked to bring two suitcases from our Washington office OR collect supplies and pack your own (2 - 50b suitcases per team member)
- ▶ Money needed in country: \$100 Offering, \$75 spending money, U.S. bank account check (optional)
- ▶ FYI - Visa/Mastercard are accepted at most businesses in Costa Rica
- ▶ 1 container of powdered gatorade
- ▶ **Backpack + Flashlight and batteries**
- ▶ Variety of dry snacks and/or **special diet foods if you are unable to eat certain foods**
- ▶ Book to read + Bible
- ▶ Pajamas/Lounge-wear, such as sweats + t-shirt
- ▶ Pants (need 6 changes of clothes)
- ▶ Shirts + one sweatshirt or lightweight sweater
- ▶ Underwear & Socks
- ▶ Tennis shoes or CLOSED-TOED shoes of any kind (hiking style recommended)
- ▶ Sandals and/or flip flops/slip-ons
- ▶ 2 or more plastic bags (for wet clothes, etc.)
- ▶ Swimsuit (bringing a towel is optional)
- ▶ Spanish-English dictionary
- ▶ Camera and batteries
- ▶ Your prescription medications/personal meds
- ▶ Toothbrush, toothpaste, shampoo, toiletries
- ▶ Sunscreen, Hand Sanitizer, Insect Repellent
- ▶ A flexible cooperative attitude
- ▶ Do not bring tobacco, expensive clothing, footwear, or jewelry, knives or weapons, bulky clothing, laptops/PC's/ electronics

www.corneroflove.org