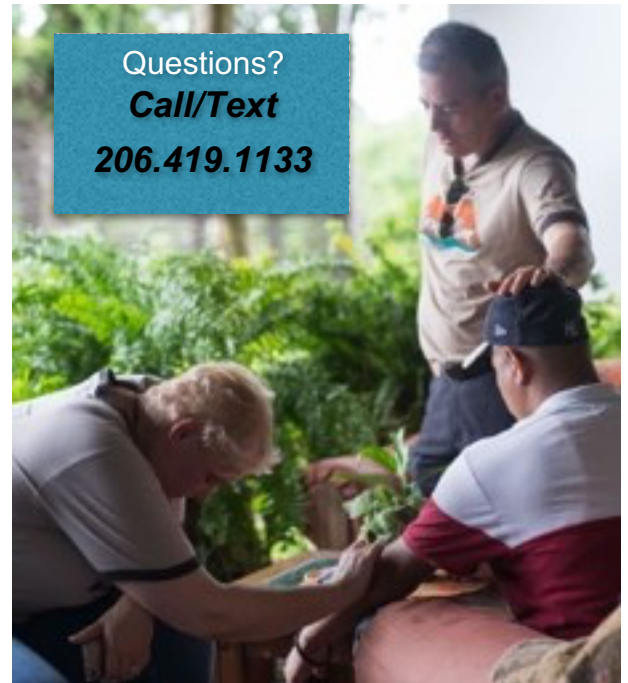


What To Bring



PACK THESE PERSONAL ITEMS IN YOUR CARRY-ON SUITCASE AND BACKPACK

- ▶ Passport, Flight Itinerary
- ▶ Corner of Love Team Shirt (COL t-shirt will be worn on service/volunteer days)
- ▶ Each person is asked to bring 2 suitcases from our TX or WA office OR collect supplies and pack your own (2 - 50lb pieces of cargo per team member, see list called "What's Needed")
- ▶ Money needed in country: \$100 envelope for Costa Rica spending money for tips/Left Right Center game/ice cream/treats in town (all optional)
- ▶ FYI - Visa/Mastercard are accepted at most businesses in Costa Rica
- ▶ 1 container of powdered gatorade
- ▶ **Backpack + flashlight and batteries**
- ▶ Variety of dry snacks and/or **special diet foods if you are unable to eat certain foods**
- ▶ Book to read + Bible
- ▶ Pajamas/Lounge-wear, such as sweats + t-shirt
- ▶ Pants (need 5 changes of clothes)
- ▶ Shirts + one sweatshirt or lightweight sweater
- ▶ Underwear & Socks
- ▶ Tennis shoes or CLOSED-TOED shoes of any kind (hiking style recommended)
- ▶ Sandals and/or flip flops/slip-ons
- ▶ 2 or more plastic bags (for wet clothes, etc.)
- ▶ Swimsuit (bringing a towel is optional)
- ▶ If desired -Phone w/ internet plan for Costa Rica
- ▶ Camera and batteries
- ▶ Your prescription medications/personal meds
- ▶ Toothbrush, toothpaste, shampoo, toiletries
- ▶ Sunscreen, hand sanitizer, insect repellent
- ▶ A flexible cooperative attitude
- ▶ Do not bring tobacco, expensive clothing, footwear, or jewelry, knives or weapons, bulky clothing, laptops/PC's/ electronics.

www.corneroflove.org