

WHAT TO PACK

www.corneroflove.org

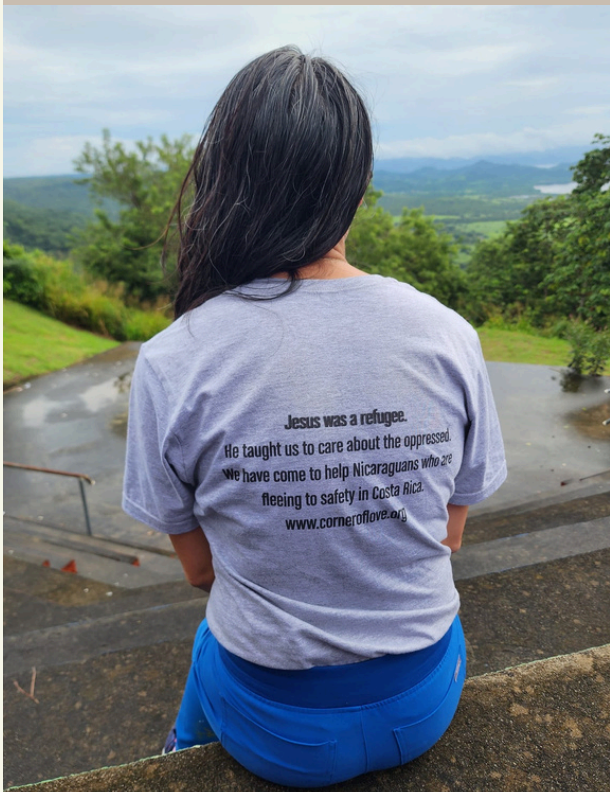
346-610-3002

PACK THESE PERSONAL ITEMS IN YOUR CARRY-ON SUITCASE AND BACKPACK

- Passport, Flight Itinerary
- Accommodations address: **Residencial Recreo, Playa Rajada, La Cruz**
- Corner of Love Team Shirt (COL t-shirt will be worn on service/volunteer days)
- Money needed in country: \$100 envelope for Costa Rica spending money for tips/Left Right Center game/ice cream/treats in town (all optional)
- Electrolyte packets/gatorade
- Backpack + flashlight and batteries
- Variety of dry snacks and/or special diet foods if you have restrictions
- Book to read + Bible



PLEASE DO NOT BRING:
-Tobacco
-Expensive clothing footwear, or jewelry
-Knives or weapons
-Bulky clothing
-Laptops/PC's/ electronics



- Pajamas/Lounge-wear, such as t-shirts & soft shorts
- Pants & Shirts (need 5 changes of clothes)
- Lightweight sweater or jacket
- Underwear & Socks
- Tennis shoes or CLOSED-TOED shoes of any kind (open toed shoes not allowed during clinic)
- Sandals and/or flip flops/slip-ons
- 2 or more plastic bags (for wet clothes, etc.)
- Swimsuit (bringing a towel is optional)
- If desired - Mobile phone w/ internet plan for Costa Rica
- Camera and batteries
- Your prescription medications/personal meds
- Toothbrush, toothpaste, shampoo, toiletries
- Sunscreen, hand sanitizer, insect repellent
- A flexible cooperative attitude

****NOTE:** Each person is asked to bring 2 suitcases from our TX or WA office OR collect supplies and pack your own (2 - 50lb pieces of cargo per team member, see list called "What's Needed")**

